



THE HOLY SEXUALITY PROJECT

PARENT GUIDE

By Dr. Christopher Yuan

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***How to use this
Parent Guide***

Discipling Teens

God exhorts parents (and grandparents) to teach his truth “diligently to your children” (Deuteronomy 6:7). Tackling such a challenging subject with your family honors the Lord. The world is shouting at your kids these days, telling them that any and all types of sexuality should be accepted...even celebrated. Kids who don't fall in line with culture's ideas worry they'll be “canceled” or lose friends over this topic.

In *The Holy Sexuality Project™*, Dr. Christopher Yuan will help you filter out all that noise. This guide will help you take a sharp and focused look at what God says about sexuality through his Word, and the hope is that God will be faithful to grow fruit from these seeds you're planting with your children.

Format

Each lesson in this guide follows the same format with three videos and conversation prompts before and after each video. You can plan on spending 35 to 50 minutes on each lesson, but the way you approach the schedule can be flexible: You can choose to do one lesson a week for 12 weeks, go through one lesson a day over two weeks, or do 2-3 lessons per week and mix it up.

Take note that Lesson 9 has several longer intense videos. These could be split up so they're easier to take in, or you could have a longer lesson that may extend over an hour. Feel free to do whatever works best for your family.

Prayer

Each lesson starts with a time of prayer. This is important so don't skip it. Even though sexuality is the topic, God is the foundation. Make sure your teens catch this. As a matter of fact, this must be true for everything!

You may feel uncomfortable at first, but keeping your prayer simple will help. After your opening prayer time, you'll read out loud a short paragraph that explains the topic for that week. This is followed by 2-3 initial questions. These introductions are designed to get your kids' baseline ideas on the topic—their opinion before they've done any studying on the issue.

Discussion

Each lesson has three videos, followed by several questions or activities. Watch the video together as a family, then discuss what Dr. Yuan is teaching using the included discussion questions. If you feel that a question isn't a great fit for your kids, feel free to skip it. Or if you think of a better question, add it! Remember: You're in charge of this time, and you know what's best for your family.

At the end of each lesson, you'll discuss some big picture “wrap-up” questions that go back to the main idea of the lesson. And then you'll close in prayer. Again, this part is very important so don't skip it. What a blessing it is to have children experience their parents (and grandparents) praying over them!



Project Overview

LESSON 1 | INTRODUCTION & OVERVIEW



VIDEOS:

1. Testimony (19:17)
2. Follow Jesus (7:20)
3. Overview (2:16)

QUESTION:

What is the ultimate goal when it comes to sexuality?

ANSWER:

The ultimate goal when it comes to sexuality is to glorify God by denying yourself, taking up your cross, and following Jesus.

LESSON 2 | FALSE IDENTITY: SEXUALITY



VIDEOS:

1. Identity (History) (10:53)
2. False Identity (6:03)
3. Conclusion (2:17)

QUESTIONS:

How have past secular philosophies distorted our views on sexuality? Why is identity such a big deal?

ANSWERS:

Past secular philosophies have distorted sexuality to be who we are when in fact, sexuality is what we feel and do. Identity impacts how we think, the choices we make, and the relationships that we build.

LESSON 3 | TRUE IDENTITY: IMAGE OF GOD



VIDEOS:

1. Image of God (11:01)
2. Doctrine of Sin (8:57)
3. Conclusion (2:04)

QUESTION:

If sexuality is not who we are, then what is our true identity?

ANSWER:

Our true identity is that we all are made in God's image but have fallen short of God's glory.

LESSON 4 | ATTRACTION: DESIRE & TEMPTATION



VIDEOS:

1. Desire & Temptation (8:53)
2. Romantic & Platonic (5:33)
3. Hope (5:01)

QUESTIONS:

What determines whether a desire is good or bad? Are temptations sinful?

ANSWERS:

The moral value of any desire is determined by its end, that is, its object and purposeful action. Temptations are not sin, but they quickly lead to sin.

LESSON 5 | ACTION: HOLY SEXUALITY

VIDEOS:

1. Heterosexuality (5:58)
2. Holy Sexuality (8:13)
3. Conclusion (2:28)

QUESTION:

What is biblical sexuality?

ANSWER:

Biblical sexuality, or holy sexuality, is chastity in singleness or faithfulness in marriage, which applies to everyone.

LESSON 6 | WHAT IS SINGLENESS?

VIDEOS:

1. Bible & Singleness (8:45)
2. Gift of Singleness (4:34)
3. A Simple Gift (2:28)

QUESTIONS:

What does the Bible teach about being single? What good can come out of this gift of singleness?

ANSWERS:

The Bible teaches that being single is a gift. Being single provides undivided devotion to the Lord to make disciples, that is, spiritual children—thus heeding the Great Commission and the Creation Mandate.

LESSON 7 | WHAT IS MARRIAGE?

VIDEOS:

1. Marriage is Not... (11:36)
2. Marriage Is... (9:49)
3. Conclusion (3:58)

QUESTION:

What are some wrong ways and what is the right way to view marriage?

ANSWERS:

Marriage is not an idol, does not have a monopoly on love, and is not the cure for loneliness. It is a one-flesh covenant between husband and wife that points to Christ and the Church.

LESSON 8 | WHAT'S THE BIG DEAL?

VIDEOS:

1. Sexual Immorality (12:34)
2. Purpose of Sex in Marriage (7:17)
3. Give Glory to God (2:39)

QUESTIONS:

Why is sexual immorality such a big deal? What is the purpose of sex?

ANSWERS:

Sexual immorality is a big deal because our bodies are a big deal to God. Sex in biblical marriage gives glory to God.

LESSON 9 | THE BIBLE & SAME-SEX RELATIONSHIPS

VIDEOS:

1. Hermeneutics (15:39)
2. Leviticus 18 & 1 Corinthians 6 (13:52)
3. Conclusion (2:06)

QUESTION:

How can we know with certainty that the Bible condemns same-sex sex?

ANSWER:

When we read Scripture in light of its literary, historical, and canonical context, it is clear that the Bible condemns same-sex sex.

LESSON 10 | SEX, GENDER, & THE IMAGE OF GOD

VIDEOS:

1. Sex, Gender, & Norms (12:38)
2. Image of God (3:54)
3. Conclusion (3:11)

QUESTIONS:

What is the difference between sex, gender, and norms? What does the Bible teach about being male or female?

ANSWERS:

Sex is objective, gender is self-perception, and norms are cultural. Being male or female is physical, spiritual, and essential to being human.

LESSON 11 | MINISTRY & OUTREACH

VIDEOS:

1. Caring for Strugglers (8:39)
2. Responding to Sexual Sinners (12:49)
3. Conclusion (2:22)

QUESTIONS:

How can we care for a Christian friend struggling with sexual temptations? How do we respond to someone in unrepentant sexual sin?

ANSWERS:

Caring for a struggling Christian friend involves committing to walk alongside them and encouraging them to allow the gospel to shape their understanding of sexuality. Responding to someone unrepentant involves showing them the love of Christ and a life transformed by the gospel.

LESSON 12 | FOLLOWING JESUS

VIDEOS:

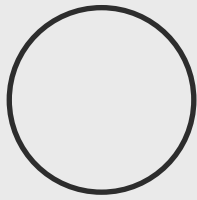
1. Intimacy with Christ (12:23)
2. Intimacy with the Body of Christ (9:21)
3. Series Wrap-Up (5:38)

QUESTION:

How do we follow Jesus when trials and temptations are sure to come?

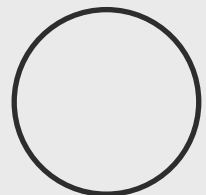
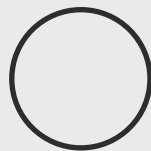
ANSWER:

In the midst of trials and temptations, cultivate intimacy with Christ, the living Word, and intimacy with the body of Christ, the local church.



LESSON 1

Introduction & Overview



Introduction

Parents (and grandparents), you are about to have incredibly important conversations with your teens on biblical sexuality. Some of you may have already started. Some of you may just be starting. And some of you have already been teaching and equipping. Either way, this guide aims to spark valuable discussions that will continue long after these video lessons are completed.

By opening the lines of communication with your kids, you're letting them know you're a safe place to bring their questions or concerns about sex and sexuality. That's going to make a tremendous difference in how they think about and approach these issues. Don't forget to start your time together with prayer, asking God to guide the conversations and break down any barriers of awkwardness, anxiety, or fear as you all delve into this pressing and significant topic together.

Read Out Loud

Does it sometimes seem like our culture revolves around the topics of sex and sexuality? It's at the forefront of so much of the entertainment and media we are fed, and cancel culture thrives on silencing all views except for the politically correct one. While the world tells us that the primary goal of sexuality is personal pleasure and fulfillment, we're going to talk about God's purpose for sexuality.

Ask

Do you think the world's view of sexuality is true? If not, what is the ultimate goal of our sexuality?

Watch Video 1

TESTIMONY



TIP: Suggest your kids take notes as they watch the videos. No need to write down everything—just major points that stand out.

Conversation Prompts

1. What stood out to you in this video?
2. Dr. Yuan said, “Unconditional love is not the same as unconditional approval of my behavior.” How has this changed or affirmed the way you understood unconditional love?
3. Can you think of any examples in Scripture where God loves unconditionally, without approving of sinful behavior?
4. *Read James 1:14-15 out loud.* How do these verses support the idea that followers of Jesus should not allow their desires to control who they are?



Watch Video 2

FOLLOW JESUS

Conversation Prompts

1. What stood out to you in this video?
2. *Read Mark 8:34-36 out loud.* Who was Jesus talking to? Think about who “anyone” (ESV/NET) or “whoever” (NIV/KJV/NKJV) refers to.
3. What actions or behaviors are linked to following Jesus in this verse?
4. If we follow Jesus, how do you think our sexuality will be reflected in our actions or behaviors?

Watch Video 3

OVERVIEW

TIP: Suggest your kids take notes. This can help foster discussion in the wrap-up at the end.

Read Out Loud

Dr. Yuan does not best summarize his testimony as “A guy who used to identify as gay and now no longer does.” Rather, “I once was blind, but now I see. I once was lost, but now I’m found. I once did not believe, and now I believe in the Son of God—and his name is Jesus.”

Ask

Why do you think it’s important to make this distinction?

Considering everything we’ve heard and discussed today, what would you say is God’s ultimate goal for us when it comes to sexuality?

[Answer: The ultimate goal when it comes to sexuality is to glorify God by denying yourself, taking up your cross, and following Jesus.]

How has your answer to this question changed from the thoughts you wrote down at the beginning of the lesson?

Wrap-Up

Finish this time with your family in prayer. You can lead while your children pray silently with you, or you can allow them to speak from their hearts as well. Ask God to direct their thoughts as they explore what it means to live out holy sexuality.

In the next lesson, you’ll tackle the tough topic of “identity” in culture today, and you’ll have a chance to discuss with your kids what God says about sexual identity—yep, Scripture has a lot to say about it! Prior to the next lesson, pray for your kids that they will be ready to hear what God has to tell them about their identity in him.

LESSON 2:

***False
Identity:
Sexuality***

Introduction

Start your time together with prayer.

Ask your kids to briefly recap what they remember and/or learned from the previous lesson.

Read Out Loud

In this lesson, we're going to look at the concept of "identity." In other words, we will look into the questions: Who am I? Who are you? Who are we? We will also look at how sexuality and identity are linked and explore the ways that secular philosophies have distorted the biblical view of sexuality.

Questions

Who am I? Who are you? Who are we? We will also look at how sexuality and identity are linked and explore the ways that secular philosophies have distorted the biblical view of sexuality.

Ask

What does "identity" mean to you? Why is it such a big deal?

Activity

Have each member of the family—parents, too—pretend that they are introducing themselves to a new group of people. What three words would you use to describe yourself? Parents, if you've already gone through this lesson, provide the answer from the first time. Also, take notes on what each family member says. You'll use this later in the lesson.

Watch Video 1

IDENTITY (HISTORY)



TIP: Suggest your kids take notes as they watch the videos. No need to write down everything—just major points that stand out.

Print out the chart on this page. Have family members take turns summarizing or explaining each philosophy, based on the information given here and what Dr. Yuan shared in the video. Write the answers in the blank space provided in the chart.

| PHILOSOPHY | TIME | DEFINITION | KEY PERSONS | 3-5 WORD SUMMARY |
|----------------|--|---|-----------------------|------------------|
| Romanticism | 18 th -19 th centuries | A movement within art, literature, music, and academic thought which valued emotions and individualism. Humans and human emotions are inherently good. | Jean-Jacques Rousseau | |
| Existentialism | 19 th -20 th centuries | Philosophy that values freedom, lived experience, and authenticity. Truth changes from person-to-person. Each person is responsible to create meaning, value, and identity from experiential truth. | Søren Kierkegaard | |
| Nihilism | 19 th century | Philosophy that life has no inherent meaning or value. The individual must break free from religion-based morality and create oneself anew. People must replace God through creating their own value and developing their own purpose by living according to one's desires. | Friedrich Nietzsche | |

1. If you believed in Romanticism, how would that impact your view of your identity?
2. If you believed in Romanticism, how would that impact the way you live—your thoughts, choices, and relationships?
3. If you believed in Existentialism, how would that impact your view of your identity?
4. If you believed in Existentialism, how would that impact the way you live—your thoughts, choices, and relationships?
5. If you believed in Nihilism, how would that impact your view of your identity?
6. If you believed in Nihilism, how would that impact the way you live—your thoughts, choices, and relationships?
7. Did anything else important stand out to you in this video?

Watch Video 2

FALSE IDENTITY



TIP: Suggest your kids take notes as they watch the videos. No need to write down everything—just major points that stand out.

Read Out Loud

Think back at the way in which you described yourself in the opening activity. *[Parents, use your notes from earlier.]* Let's look at how each identity word impacts the thoughts you think, the choices you make, and the relationships you build.

Activity

Hand each child a copy of the blank chart on the next page and give them a few minutes to fill it out. They should write three of the words they used to describe themselves in the column labeled "identity words." Then, they should consider the impact those words have on their thoughts, choices, and relationships.

| IDENTITY WORD | IMPACT ON THOUGHTS | IMPACT ON CHOICES | IMPACT ON RELATIONSHIPS |
|---------------|--------------------|-------------------|-------------------------|
| | | | |
| | | | |
| | | | |

Ask

Do labels truly describe who we are? Or do they just describe what we like, what we feel, or what we do?

Do you feel like anyone has unfairly (or, fairly) put labels on you? What might those be?

The way we view ourselves impacts all areas of our lives. How might believing the lie that “our sexuality is our identity” impact our thoughts, choices, and relationships?

How has this changed or enforced the way you understand sexuality and identity?

Watch Video 3

CONCLUSION

TIP: Suggest your kids take notes which could be brought up in the wrap-up.

Read Out Loud

Dr. Yuan says, “Before I became a Christian, I identified as a gay man. That identity impacted my whole world. It impacted how I thought. It impacted the choices I made. It impacted the relationships I built...This is not just a trivial matter. How a person identifies or misidentifies definitely has some big consequences.”

Ask

1. How have secular philosophies distorted our views on sexuality? *[Answer: Past secular philosophies have distorted sexuality to be who we are when in fact, sexuality is what we feel and do.]*
2. Why is identity such a big deal? *[Answer: Identity impacts how we think, the choices we make, and the relationships that we build.]*

Wrap-Up

Gather your kids together and pray as a family. Ask God to protect your minds from the distorted view that “sexuality is who we are.” This is an idea rooted in our modern culture, not in Scripture. Ask God’s blessing over your kids, that they will have confident security in their identity in Christ.

This lesson established that identity is not tied to sexuality. The next lesson will discuss their true identity—they are created in the image of God. It’s exciting for your children to discover the hope and purpose they have when they embrace their true identity!

LESSON 3:

***True Identity:
The Image
of God***

Introduction

Start your time together with prayer. Ask God for open minds and hearts as you discuss these difficult issues that teens today face.

Ask your kids to briefly recap what they remember and learned in the previous lessons.

Read Out Loud

In our previous lesson, we saw how past secular philosophies have distorted sexuality to be who we are when in fact, sexuality is *what we feel and do*. To answer this question of who we are, we must turn to God, our Creator. By the end of this lesson, we should be able to have a good answer to the question: "What is my true identity?"

Ask

What do you think is your true identity?

Watch Video 1

▶ IMAGE OF GOD

TIP: During the video, suggest taking notes on any big ideas that stick out.

Conversation Prompts

1. What stood out to you in this video? *[Remember: (1) Being created in the image of God is good, (2) being created in the image of God is unique, (3) being male or female is linked to being created in God's image, and (4) being created in the image of God points to Christ.]*

2. *Have everyone open their Bibles to Genesis 1. Read the chapter and spot the six times “good” is mentioned and the one time “very good” is mentioned.*
3. *Have someone read Genesis 1:27 and take note of the three parallel lines of poetry. Then go around and take note of the subjects, verbs, direct object, and prepositional phrases. Point out that one of the big differences between the three lines of poetry is how the prepositional phrase is replaced by “male and female.”*
4. *Read Colossians 1:15 out loud. Discuss how this is different from Genesis 1:27. [Humans are created in the image of God. Jesus is the true and perfect image of God.]*
5. What do you think it means to be created in the image of God?
6. Can you think of any examples in Scripture where God loves unconditionally, without approving of sinful behavior?
7. *Read James 1:14-15 out loud. How do these verses support the idea that followers of Jesus should not allow their desires to control who they are?*



Watch Video 2

DOCTRINE OF SIN

Conversation Prompts

1. What stood out to you in this video?
2. *Read Romans 3:10-18 and Mark 7:21-22 out loud, then ask them what these passages teach us about human fallenness.*

3. How does the knowledge that we are fallen image bearers impact how we think, the choices we make, and the relationships that we build? Be specific!



Watch Video 3

CONCLUSION

Read Out Loud

Dr. Yuan says, “If sexuality is not who we are, then what is our true identity? Our true identity is that we have all been made in God’s image, but that we have fallen short of his glory.”

Ask

1. Do you believe you’ve been made in God’s image?
2. Do you believe you’ve fallen short of his glory?

Wrap-Up

Parents (and grandparents), pray with your teens. Thank God that he chose humanity to be created in his image. No other beings bear God’s image! And even though we all rebelled and we’re sinners, God sent the remedy for sin, his son Jesus.

In the next lesson, you’re going to discuss the concepts of desire and temptation with your kids. This is tricky territory for children, who may equate the two. You’ll have a chance to talk with them about what makes a desire “good” or “bad,” and what are temptations. It is critical that they understand these concepts, especially as they relate to sexuality. Between the videos and discussion guide, you’re going to have a great foundation to explore these ideas with your kids!



LESSON 4:

***Attraction:
Desire &
Temptation***

Introduction

Open your time with prayer.

Ask your kids to briefly recap what was learned in the previous lessons.

Read Out Loud

Attraction may be one of the most intimate emotions we have. It can add excitement to your life, but it can also really complicate things. In some religions, the absence of sexual attraction is the ideal state of human existence. Not so in Christianity. In this lesson, we're going to discover what makes a desire good or bad, and we'll find out if temptations are sinful.

Ask

1. What are some desires humans may experience?
2. I'd like to know your initial reaction: What determines whether a desire is good or bad? Are temptations sinful?



Watch Video 1

DESIRE & TEMPTATION

Conversation Prompts

What stood out to you?

Activity

Read the following scenarios out loud to your family. Then, have them identify the object of desire and the action that happens as a result of that desire. Based on the action, determine if the desire is good or sinful.

Situation 1a:

John is at the corner waiting for the school bus on a really cold winter day. He sees a classmate with a warm coat and wishes that he had one to keep warm. He brainstorms ways he might make some money to buy one himself.

Situation 1b:

John is at the corner waiting for the school bus on a really cold winter day. He sees a classmate with a warm coat and plans to steal it for himself.

Situation 2a:

Aleta really wants to find her Spanish notebook to create a cheat sheet for her upcoming test on Spanish verbs.

Situation 2b:

Aleta really wants to find her Spanish notebook to study for her upcoming test on Spanish verbs.

Situation 3a:

Isaac has asked his parents for a computer for his birthday to expand his small photography business.

Situation 3b:

Isaac has asked his parents for a computer for his birthday to visit pornographic websites.

Ask

1. Do you see how the object of desire stays the same, but the action changes in each of these situations?
2. Based on what we've learned so far, why is it important to know the object of desire and the action associated with that desire?



Watch Video 2

ROMANTIC & PLATONIC

Conversation Prompts

1. What stood out to you in this video?
2. Based on what Dr. Yuan said in the video, give me an example of a platonic desire between two friends that would be good.
 - a. *[Parents, here is an example if your kids struggle to come up with one.] David is in the middle of math class, and he can't wait for the period to end so he can text his friend Carlos to see if he is free to shoot hoops after school.*
3. Now, let's come up with an example of a romantic desire that would be sinful in that same situation:
 - a. *[Parents, here is an example if your kids struggle to come up with one.] David is in the middle of math class, and he has been thinking about Carlos all day long. He saw Carlos talking to another classmate and David was extremely jealous because Carlos was holding hands with this other person.*
4. How does our identity as image-bearers of Christ impact the types of relationships we should be in?



Watch Video 3

HOPE

Read Out Loud

Jesus himself was tempted in every way like us. But unlike us, he is without sin. If Jesus himself was tempted, what makes us think we won't be? The Christian life isn't devoid of temptation. Rather, Christians are empowered by the Holy Spirit to resist temptation. What matters most is not that we are tempted, but how we respond to temptation.

Ask

1. What determines whether a desire is good or bad? *[Answer: The moral value of any desire is determined by its end, that is, its object and purposeful action.]*
2. Ask: Are temptations sinful? Why or why not? *[Answer: Temptations are not sin, but they quickly lead to sin.]*

Wrap-Up

Wrap up this time with your family in prayer. Be aware that this particular topic could be very sensitive to your kids as they think about their own temptations and desires. But remember: There is hope! No temptation is too strong for your children, with God's help. Ask God to step into the gap for each member of your family, so that they will desire him above all else!

The next lesson is very foundational. It will probably break some paradigms and stretch your kids to have a biblical framework when it comes to sexuality. It will explore the concept of holy sexuality. This is so important for them to grasp. Many Christians simply assume that because all homosexuality is wrong, all heterosexuality must be right, but there's more to the story.

LESSON 5:

***Action:
Holy
Sexuality***

Introduction

Open your time together in prayer.

Ask your kids to briefly recap what was learned in the previous lessons.

Read Out Loud

Sexuality has three aspects: attractions, actions, and identity. We've covered identity in lessons 2 and 3, and attractions in lesson 4. Today we're going to look at actions, or "sexuality lived out."

Ask

1. Before we watch Dr. Yuan, how would you define biblical sexuality?
2. In the community you live in—our church, your school, youth group—what is considered "normal" sexuality among your peers?

Watch Video 1



HETEROSEXUALITY

TIP: Suggest your kids jot down two or three things that stand out to them from the video.

Conversation Prompts

1. What stood out to you in this video?
2. Dr. Yuan said that "normal isn't necessarily moral." What does this mean?
3. Do you think it's easier to do what's normal or what's moral? Why?
[Hint: Normal is doing what everybody else is doing (e.g., peer pressure). Moral is following God's ways, which can be difficult.]

4. Why is heterosexuality the right direction but not the right goal?
5. Give two examples of situations that are heterosexual yet sinful.



Watch Video 2

HOLY SEXUALITY

Conversation Prompts

1. What stood out to you in this video?
2. Dr. Yuan said that chastity in singleness focuses on God's "yes": purity, devotion, and holiness. How can you focus on "God's yes" in your life right now?
3. How is this definition of holy sexuality—chastity in singleness and faithfulness in marriage—similar to or different from how you viewed biblical sexuality before this lesson?
4. Can you imagine a scenario in which your decision to live with chastity could help lead someone to Christ? What might that look like?
5. How do we reflect God's glory when we faithfully live out holy sexuality?
6. In what ways do you think our Christian culture has oversexualized marriage?
7. Reflect on this for a minute (you don't have to answer out loud): What needs to continue and what needs to change in your life for you to live out holy sexuality?

Watch Video 3

CONCLUSION

TIP: Suggest your kids take notes to bring up in the wrap-up.

Read Out Loud

You may have thought that since you're not married, holy sexuality doesn't apply to you. But in fact, biblical sexuality is chastity in singleness and faithfulness in marriage. This applies to all people.

Ask

1. This may be redundant, but tell me again: What is biblical sexuality? *[Answer: Biblical sexuality, or holy sexuality, is chastity in singleness or faithfulness in marriage, which applies to everyone.]*
2. Are you willing to go and follow Jesus during your single years?

Wrap-Up

Spend a few moments with your family in prayer. Ask the Holy Spirit to fill your children's hearts with a holy passion for him, that they may not just understand the concept of biblical sexuality, but that they will embrace and celebrate it in their lives. Pray that they would dedicate themselves to chastity in singleness and faithfulness in marriage. May they be part of a radical revolution that lives differently from the world (not "normal") and changes the world for Christ!

The next lesson is going to tackle a concept your kids may not have thought of—even though it encompasses their lives right now. Singleness. The culture at large and even many churches have put a high priority on marriage and family, at the expense of singleness. Is singleness truly bad? It will be exciting for your kids to learn in the next lesson that during the time that they may be single, God can still be glorified in their singleness!



LESSON 6:

What Is Singleness?

Introduction

Start your time together with prayer.

Ask your kids to briefly recap what was learned in the previous lessons.

Read Out Loud

Being single is often cast in a negative light, but that is far from the truth. Marriage is not what brings ultimate contentment; Jesus is!

Activity

Think about the term singleness. As a group, make a list of every word or phrase that comes to mind when you hear the word singleness. Write this list on a whiteboard or piece of paper.

Ask

1. How does our church serve singles? Do you get the sense that the church places as much value on single adults as it does on married couples and families?
2. What good can come out of being single?

Watch Video 1



BIBLE & SINGLENESS

TIP: Suggest your kids write down a couple of things that stand out as they watch video 1.

Conversation Prompts

1. What stood out to you in this video?
2. *Look back over your list of words from the opening activity. Circle any words or phrases that correctly describe biblical singleness and cross out any that do not accurately describe biblical singleness.*
3. *Next, create a new list of words or phrases that accurately describe biblical singleness.*
4. What are the five points Dr. Yuan made about singleness in the video? *[For your reference, they are that 1) singleness is common and normal, 2) being single is not a calling, 3) being single is under God's sovereignty, 4) being single requires self-control, and 5) singleness is a gift.]*
5. How is singleness a gift?

Watch Video 2



GIFT OF SINGLENESS

TIP: Suggest your kids write down a couple of things that stand out as they watch video 2.

Conversation Prompts

1. What stood out to you in this video?
2. *Read Genesis 1:28 (the Creation Mandate) out loud. What is commanded here?*
3. What are some ways that people fulfill this Creation Mandate?
4. *Now read Matthew 28:16-20 (the Great Commission). What is commanded here?*

5. In light of the Great Commission, how can singles heed the Creation Mandate?



Watch Video 3

A SIMPLE GIFT

Read Out Loud

God's truth is distorted when we think of singleness as being not good. If it was, then Jesus was not good. In Christ, singleness or marriage can both be good gifts for lives lived fully to the glory of God.

Ask

1. What does the Bible teach about being single? *[Answer: The Bible teaches that being single is a gift.]*
2. What good can come out of this gift of being single? *[Answer: Being single provides undivided devotion to the Lord to make disciples, that is, spiritual children—thus heeding the Great Commission and the Creation Mandate.]*

Wrap-Up

As you pray with your family, ask God to show your teens that while they happen to be single, God can still use them and that there are still some wonderful, spiritual benefits of singleness. And ask him to show your family ways that you can minister to and involve the singles in your church community, so they still get to experience the benefits of being part of a family. And pray that while your teens are single that they would let Christ be their all in all.

From Disney princesses who always marry the prince to church ministries based on incorrect theology, culture can often idolize marriage. But this is a dangerous mindset for teens to go into the world with. In the next lesson, you'll discuss what the Bible says and doesn't say about marriage. You'll be able to help your kids put this blessed institution in its proper place so it doesn't become an idol, which could help them avoid a wrong relationship for the wrong reasons.



LESSON 7

What Is Marriage?

Introduction

Start your time together with prayer.

Ask your kids to briefly recap what was learned in the previous lessons.

Read Out Loud

Marriage is a major theme in the Bible. Almost every book of the Bible mentions it with good examples and bad ones. Marriage is one of the most physically and emotionally intimate of all human relationships on this side of glory. It's a coming-together union of two people, male and female. It is definitely a very good institution. But marriage is more than just a deep relationship between husband and wife.

Ask

1. Pretend you are explaining what marriage is to someone who has never heard of marriage before. How would you describe it? What is its purpose? *[Write these answers down. You will use them later.]*
2. What do you think are some wrong ways and the right way to view marriage?

Watch Video 1



MARRIAGE IS NOT...

TIP: Suggest writing down big points.

Conversation Prompts

1. What stood out to you in this video? *[Remember: (1) Marriage is not an idol, (2) marriage does not have a monopoly on love, and (3) marriage is not the cure for loneliness.]*
2. Let's think of 5-10 examples of good things that we can easily turn into idols.
3. How have we made marriage into an idol? Think of examples from movies, books, music, in our churches, things you hear from friends, etc.
4. How do we experience love outside of marriage?
5. Have you (or anyone you know) ever thought marriage will be the cure for loneliness? If so, in what ways?



Watch Video 2

MARRIAGE IS...

Conversation Prompts

1. What stood out to you in this video? *[Remember: (1) Marriage is male and female, (2) marriage is a covenant, (3) marriage is the two becoming one flesh, and (4) marriage points to Christ and the church.]*
2. We learned that marriage is a covenant between husband and wife. And it is the two becoming one flesh. Read Ephesians 5:31-32. How does this passage highlight the purpose of earthly marriage?

3. Look back at your original description of marriage. After hearing from Dr. Yuan, would you change your description? Are any parts of your original description biblical? Are any not? *[Parents: If necessary, have them write a new explanation of marriage that aligns with the biblical view.]*



Watch Video 3

CONCLUSION

Wrap-Up

Parents (and grandparents), this is an immense opportunity for you to present the gospel to your teens and pray with them if they have not yet confessed with their mouths that Jesus is Lord and believed in their hearts that God raised him from the dead. If they already have, reconfirm through prayer that they are saved by grace alone, through faith alone, and in Christ alone. Salvation is an amazing and undeserved gift from God. Life is short, so don't let this moment pass by! Here are three links of gospel presentations from [Cru](#), [Got Questions](#), and [Ligonier](#).



LESSON 8:

***What's the
Big Deal?***

Introduction

Start your time together with prayer.

Ask your kids to briefly recap what was learned in the previous lessons.

Read Out Loud

You may wonder, why does the Bible make such a big deal about sexual immorality? I mean, we're all sinners, right? And isn't all sin equal? This lesson will answer these two questions: Why is sexual immorality such a big deal? And what is the purpose of sex?

Ask

1. What are some excuses that Christians give to justify sexual sin, such as sex before marriage, pornography, etc.?
2. How would you describe the purpose of sex in biblical marriage?

Watch Video 1

SEXUAL IMMORALITY

TIP: Suggest your kids jot down two or three ideas that stand out as they watch each video.

Conversation Prompts

1. What stood out to you in this video?
2. Read 1 Corinthians 6:12-20. *[The quotes from verses 12-13 are statements that Paul is refuting. So he is saying that those are incorrect statements.]* According to this passage, why is sexual immorality a big deal? *[Answer: (1) The body is meant for the Lord, (2) our bodies are meant to be members of Christ, (3) we are meant to be one spirit with the Lord, (4) sexual sin*

is different from other sins, (5) our bodies are meant to be temples of the Holy Spirit, and (6) we are to glorify God in our bodies.]

3. How is God's view of our bodies (the "high view") different than our culture's view of the body?
4. *Read 1 John 1:9. If we sin, what should we do? [Answer: Confess our sins to God and to a few select, mature Christians.]*
5. What are the two promises guaranteed that God will do? *[Answer: He will forgive us our sins and cleanse us from all unrighteousness.]*



Watch Video 2

PURPOSE OF SEX IN MARRIAGE

Read Out Loud

We just explored the biblical purpose of sex in marriage. We saw that:

- Sex in biblical marriage is good.
- Sex in biblical marriage consummates the two becoming one flesh.
- Sex in biblical marriage helps fulfill the Creation Mandate.
- Sex in biblical marriage is a sign of the marriage covenant.
- Sex in marriage is other-centered.

Ask

1. What stood out to you in this video?
2. How do these purposes compare to the purposes you described in the opening activity?
3. *Discuss signs of a covenant, particularly, the rainbow and God's covenant with Noah and all creation. When there is a rainbow in the sky, what is this supposed to make us think? [Answer: It is a reminder of God's covenant that he would not flood the earth again. You can read from Genesis 9:12-17.]*
4. When thinking about sex in marriage as a sign of the marriage covenant, what is the significance of this?
5. Can you think of examples when sex has become "me-centered"? Explain the benefits of viewing sex in marriage as "other-centered" or about "spouse-gratification"?

**Watch Video 3**

GIVE GLORY TO GOD

Read Out Loud

We shouldn't just glorify God when people are watching. We should seek to glorify God at all times, especially in private, when people aren't watching. We shouldn't just glorify God when we're praying or studying the Bible. We should seek to glorify God when we're at home, at school, with friends, by ourselves, online, watching a movie... everywhere! And yes, we should seek to glorify God with what we do and don't do sexually with our bodies. Sex, ultimately, was designed to bring glory to God: "For this is the will of God,

your sanctification: that you abstain from sexual immorality" (1 Thessalonians 4:3).

Ask

1. With this in mind, why is sexual immorality such a big deal?
[Answer: Sexual immorality is a big deal because our bodies are a big deal to God.]
2. What is the purpose of sex? [Answer: Sex in biblical marriage gives glory to God.]

Wrap-Up

Pray with your children, asking for God's blessing over their sexual purity. Ask him to work in your kids' lives, inspiring them to dedicate their whole lives to him, for his glory. Thank him for the protections he's already provided, and ask him to continue to do so as they grow. Also, pray that they would confess their sins to God and to a few trusted mature Christians and thank God that he is faithful and just and will forgive them and cleanse them of all unrighteousness. What an amazing God they have!

The next lesson will be another challenging one for your kids. But it is very important. They are being pressured from many directions to accept and even celebrate many distortions of *holy* sexuality, specifically same-sex relationships. The next lesson will debunk four myths, that is, four misinterpretations of Scripture that purport that same-sex relationships are condoned by God. Dr. Yuan will help your children to understand why these interpretations are incorrect. And in the future, your kids will become equipped to talk with compassion and kindness about these issues with their friends who reject biblical sexuality.

This next lesson will be a longer lesson so you will need to set aside more time than usual to finish—or you can split it up. God bless you as you prepare!



LESSON 9:

***The Bible
& Same Sex
Relations***

Introduction

Start your time together with prayer.

Ask your kids to briefly recap what was learned in the previous lessons.

Read Out Loud

In this lesson, Dr. Yuan is going to explain four incorrect interpretations of the Bible and same-sex relationships. We'll carefully look to God's Word to debunk these myths.

By the end of this lesson, you will be able to explain how we can know with certainty that the Bible condemns same-sex sex.

Ask

Think through all you know about reading and studying the Bible. What do you think is important for interpreting the Bible correctly?

Watch Video 1



HERMENEUTICS

TIP: Suggest making a few notes while watching. There will be a lot of content and probably new information. So having pen and paper ready can be helpful.

Conversation Prompts

1. What stood out to you in this video?
2. What is "literary context"? [*Answer: It focuses on the verses and paragraphs around the text being studied.*]
3. What is "historical context"? [*Answer: It focuses on the history and culture around the time that the text was written.*]
4. What is "canonical context"? [*Answer: It focuses on how the text fits into the whole canon of Scripture—all 66 books. Scripture interprets Scripture.*]

Activity

Take each of the following myths and hold a “mock debate” to show how you would explain the fallacy of this myth. You can choose to break up into partners or discuss this material as a whole family. [Parents: This chart has been included as a helpful reference as you talk with your children.]

| MYTH | CONTEXT THAT DEBUNKS THE MYTH |
|---|---|
| David and Jonathan were lovers. | <p>Literary: Bible discusses David’s wives, concubines, and even adultery. But there is no mention of any sex with Jonathan.</p> <p>Historical: Jonathan took off his robe and gave it to David as an act of acknowledging that David was to be king.</p> <p>Canonical: In ancient times, it was common for two people in power to express their love for one another.</p> |
| Jesus was silent on homosexuality. Thus, he approved of it. | <p>Literary: Jesus was also silent on bestiality and incest. Silence doesn’t equal approval.</p> <p>Historical: Since homosexuality was universally condemned in first century Israel, Jesus didn’t need to reiterate what was universally accepted to be true.</p> <p>Canonical: Since Jesus is God, any verse in God’s Word that condemns same-sex sex is equivalent to saying that Jesus condemns same-sex sex.</p> |



Watch Video 2

LEVITICUS 18 & 1 CORINTHIANS 6

Repeat the activity you did after video one, using these two myths.

| MYTH | CONTEXT THAT DEBUNKS THE MYTH |
|---|---|
| <p>Leviticus 18:22 condemns “a male lies with a boy” not “with a male.”</p> | <p>Literary: Leviticus 20:13 states that both are guilty. God would not punish an innocent child victim.</p> <p>Historical: Pedophilia was not common around ancient Israel when Moses wrote Leviticus.</p> <p>Canonical: <i>Zakar</i> occurs 82 times in the Hebrew Old Testament and it means male—regardless of age—in all those instances.</p> |
| <p>The word “homosexual” was wrongly inserted in 1 Corinthians 6:9</p> | <p>Historical: The Bible didn’t have a specific word for sex. The absence of a word doesn’t mean the concept was unknown.</p> <p>Literary: The English word “homosexual” is translated from two Greek words. One of them means “soft ones” which according to this myth would be the victim. But God would protect the victim not condemn him.</p> <p>Canonical: This word, <i>arsenokoitai</i>, comes from two words based on Leviticus 20:13. Paul’s use confirms that this Old Testament prohibition continues today.</p> |

Conversation Prompts

1. Leviticus 20:13 mentions death as the penalty for a man laying with a male. Read the first part of Romans 6:23, “For the wages of sin is death.” What is the penalty for any sin, big or small?
[Answer: Death.]
2. Who is the one who exacts this punishment of death? Read Romans 12:19, “Vengeance is mine, I will repay, says the Lord.”
[Answer: God is the one who punishes.]
3. Now read the rest of Romans 6:23, “But the free gift of God is eternal life in Christ Jesus our Lord.” Jesus took the penalty of death that we all deserved. How do we receive this free gift?
[Answer: God offers the gift of eternal life by grace, through faith in Christ!]
4. What else stood out to you in this video?



Watch Video 3

CONCLUSION

Read Out Loud

Dr. Yuan tells us that his ulterior motive in this lesson is to give us tools so that we can interpret Scripture accurately for ourselves. With these new tools in your toolbox, let's consider the following questions:


Ask

1. How can we know with certainty that the Bible condemns same-sex sex? *[Answer: When we read Scripture in light of its literary context, historical context, and canonical context, it is clear that the Bible condemns same-sex sex.]*
2. Do you feel that you can confidently talk with your friends about this topic from a biblical perspective? Why or why not?

Wrap-Up

As you pray with your children, ask God to help you all accept the truth in his Word as he intends. You may even want to confess any temptation to follow culture's morality of "anything goes" or "you do you." It's actually the easy route to follow the world; that is, the "wide road." Invite the Creator of the universe to shape your hearts and thank him for being faithful even when you drift or have fallen away.

The next lesson covers the issue of gender, which is a hot topic in culture—especially with teens today. As kids are pressured to choose their pronouns for school and doctor's appointments, this lesson will help you dig deep and discover what God's word has to say about being male or female. And ultimately, you'll point your kids back to the image of God. Shine the light of Jesus!



LESSON 10:

***Sex, Gender,
and the Image
of God***

Introduction

Start your time together with prayer.

Ask your kids to briefly recap what was learned in the previous lessons.

Read Out Loud

There is a growing pressure to affirm transgenderism and fluid gender identities. How should we as Christians respond to cultural trends about sex and gender? A correct response requires a correct understanding of what these terms are and how God views them. By the end of this lesson, you should be able to explain the difference between sex, gender, and norms and describe what the Bible teaches about being male or female.

Ask

1. How would you define the difference between sex and gender?
2. What does the Bible teach about being male or female?
3. What are some common characteristics of being a boy? What are some common characteristics of being a girl? *[Parents: Write these initial thoughts down as you will use them later.]*

Watch Video 1

SEX, GENDER, & NORMS

TIP: Suggest your kids write down a few notes as you watch together. And be ready for the definitions of sex, gender, and norms.

Conversation Prompts

1. What stood out to you in this video?
2. What is the definition of sex? *[Answer: Sex is an objective, binary classification of male or female.]*
3. Of gender? *[Answer: Gender is a subjective, self-perception of viewing oneself as male or female.]*
4. Of norms? *[Answer: Norms are characteristics culture associates with being masculine or feminine.]*
5. How is the definition of sex similar to your own? How is it different?
6. How is the definition of gender similar to your own? Different?
7. In this video, Dr. Yuan explained how the biblical model of being male or female goes against some of our cultural norms. Look back at our initial list of common characteristics for boys and for girls. What would you change in your understanding of common characteristics for boys and girls?



Watch Video 2

IMAGE OF GOD

Conversation Prompts

1. What stood out to you in this video?
2. *Re-read Genesis 1:27 out loud.* What important truth does this verse highlight about being male or female?

3. Dr. Yuan said that your sex is both physical and spiritual—what do you think he means? Do you sense this to be true about yourself?
4. What are some examples of ways that our culture has mixed up or “conflated” the concepts of sex and gender?



Watch Video 3

CONCLUSION

Read Out Loud

The world confuses and conflates sex, gender, and norms. We need to realize that transgenderism is not exclusively a battle for what is male or female; it is a battle for what is truth.

Ask

1. What is the difference between sex, gender, and norms? *[Answer: Sex is objective, gender is self-perception, and norms are cultural.]*
2. What does the Bible teach about being male or female? *[Answer: Being male or female is physical, spiritual, and essential to being human.]*

Wrap-Up

Pray together, asking God to clear any confusion that might have crept in as your kids navigate the world they live in. Ask God to constantly pull them back to him and his truth, making his way clear and sure to them.

Now that we've established what God's Word has to say on these heavy and difficult topics, in these last two lessons, we will turn to outreach. How your kids communicate God's truth to their friends *matters*. From both a biblical foundation and his personal perspective, Dr. Yuan will instruct on the best ways to minister to Christian loved ones who struggle with sexual temptations and how to respond to someone in unrepentant sexual sin.

LESSON 11:

***Ministry
& Outreach***

Introduction

Start your time together with prayer.

Ask your kids to briefly recap what was learned in the previous lessons.

Read Out Loud

We all need faithful, reliable friends in our lives who lead us toward the truth. And we all need to be faithful, reliable friends who lead others toward the truth. In this lesson's videos and discussions, we'll brainstorm ways we can be a good, true friend to someone who is struggling with any sort of sexual temptation. We'll also talk about how to respond to someone who is living in unrepentant sexual sin.

Ask

1. If a Christian friend shares with you that he or she struggles with sexual temptations, what would be your first response?
2. How have you or would you respond to someone in unrepentant sexual sin?



Watch Video 1

CARING FOR STRUGGLERS

Conversation Prompts

1. What stood out to you in this video?
2. What are some of the ideas Dr. Yuan gave us to care for a friend struggling with sexual sin? *[Answers: (1) Don't freak out,*

(2) thank your friend for trusting you, (3) be a friend, no need to be an expert, (4) be realistic, and (5) ask about faith.]

3. What does it mean to you to be a friend, no need to be an expert?
4. In the video, Dr. Yuan said, “Do you have to lie in order to help a liar? Do you have to gossip to help a gossiper? No, of course not!” Can you think of other examples?
5. “Be realistic” means that obedience to Christ can sometimes lead to more difficulty. Can you think of specific examples in the Bible, in others, or in your own life when obeying God resulted in more difficulties?
6. What are some ways you can direct your friends or loved ones back to faith in Christ when they’re struggling?



Watch Video 2

RESPONDING TO SEXUAL SINNERS

Read Out Loud

Pointing our unbelieving friends to Christ involves knowing we’re all sinners and knowing the most important thing—glorify God by denying yourself, taking up your cross, and following Jesus (see Lesson 1).

Ask

1. What stood out to you in this video?

2. Let's review: What were the four "don'ts" that Dr. Yuan gave us in this video? *[Answers: (1) Don't fixate on their sexual sin, but focus on their unbelief, (2) don't use the words "lifestyle" or "choice," (3) don't say "love the sinner; hate the sin"—just do it, and (4) don't feel the need to debate all the time.]*
3. What were the four "do's" that he gave? *[Answers: (1) Pray, (2) listen, (3) be patient and persistent, and (4) live out the reality of the gospel as you proclaim the truth of the gospel.]*
4. Considering a friend who is living in unrepentant sexual sin, how is Dr. Yuan's list of "things to avoid" similar to or different than your answers to the question in the opening activity?
5. At what point do you feel you would need to draw a line and put boundaries up in this friendship?



Watch Video 3

CONCLUSION

Read Out Loud

Dr. Yuan says the world needs more pallet bearers, not pallbearers. What does this mean to you?

Ask

1. With all you've heard in this lesson, how would you care for a Christian friend struggling with sexual temptations? *[Answer: Caring for a struggling Christian friend involves committing to walk alongside them and encouraging them to allow the gospel to shape their understanding of sexuality.]*

2. How would you respond to someone in unrepentant sexual sin?
[Answer: Responding to someone unrepentant involves showing them the love of Christ and a life transformed by the gospel.]

Wrap-Up

Pray together, asking God to reveal those in our lives who we need to come alongside with compassion, kindness, and truth. Ask for wisdom in these relationships, that we may not make matters worse but will reveal the love of Christ for each person created in his own image. And pray for strength and compassion for your children, as they try to walk the straight and narrow path and not be tempted to compromise in our very crooked world.

The final lesson in this series will focus on what you should do yourself when trials and temptations come. The answer is: Follow Jesus. Ultimately, this is the goal of living out a holy sexuality ethic—to glorify God by denying yourself, taking up your cross, and following Jesus. Be very intentional as you go through this lesson. Be ready to express your vibrant and passionate love for your Savior. Remind them that ultimately, what God wants is for them to love and follow him. This can't be emphasized enough!

LESSON 12:

***Following
Jesus***

Introduction

Start your time together with prayer.

Ask your kids to briefly recap what was learned in the previous lessons.

Read Out Loud

In our last lesson, we talked about how to help our friends who are struggling, but in this lesson, we are going to focus on ourselves. We will learn some practical action steps that will help us deny ourselves, take up our crosses, and follow Jesus.

Ask

1. How do you follow Jesus when you face trials and temptations?
2. What does it mean to be a part of the body of Christ and how can this help us in our daily struggles and victories? *[Parents: Write these answers down. You will use them again later in the lesson.]*

Watch Video 1

 INTIMACY WITH CHRIST

TIP: Suggest everyone jot down a few impactful points.

Read Out Loud

Dr. Yuan gave us 7 "Habits of Grace" to implement in order to make us better followers of Jesus. They are:

- Be intentional and consistent about getting into God's Word daily.
- Read small chunks and large chunks of Scripture.

- Listen (out loud) to the Bible.
 - Have a reading plan.
 - Meditate on and memorize Scripture.
 - Apply God's Word to your daily life.
 - Study God's Word with others.
1. Which of these habits are you most interested in implementing—pick three.
 2. If you are able to develop these habits, how will that equip you to follow Jesus when trials and temptations occur?
 3. How can we, your parents (or grandparents), help and support you in maintaining holy sexuality and a desire to follow Jesus?
 4. Do any of our family habits need to change—from the movies we watch to the music we listen to, etc.—to make this easier for you?
 5. Before we move on, take a few minutes to make a plan for how you will implement these into your busy schedule.
 6. What else stood out to you in this video that you wanted to discuss?



Watch Video 2

INTIMACY WITH THE BODY OF CHRIST

Conversation Prompts

1. What stood out to you in this video?
2. Compare and contrast your answers from the opening activity with what was discussed in this lesson about what it means to be part of the body of Christ. What is similar? What is different?

3. Why is it important to have a spiritual family?
4. How can having close Christian brothers and sisters help you when you face trials and temptations?
5. In your life, do you have close relationships in the body of Christ that are diverse in age and walks of life (like a pastor or mentor)? If not, what can you do to change this?



Watch Video 3

SERIES WRAP-UP

Read Out Loud

In this last video, Dr. Yuan said, “Be constantly associated with Jesus—day in and day out, in season and out of season. Surrender your autonomy, your freedom. Saying no to self means saying yes to Christ. Learn from Jesus. Don’t go your own way. But fix your eyes on Jesus.”

Ask

1. Why is following Jesus always the most important thing?
2. Think back over everything we’ve talked about in this entire study. *[Parents: You may want to review the Project Overview at the beginning of this Parent Guide to jog their memory.]*
 - What has been the biggest mind shift for you?
 - What has been the most challenging?

- What has been the most surprising?
 - What has been the most encouraging?
3. Are you willing to dedicate yourself to living a life that is marked by “holy sexuality”? Do you want to commit to a life that glorifies God by denying yourself, taking up your cross, and following Jesus?

Wrap-Up

Wrap up this time with your family in prayer. Ask God to continue to speak through his Word to them, encouraging them to dedicate themselves to a life marked by holy sexuality. Give God thanks and praise as you all have been able to go through this together and have some God-honoring conversations with each other. Pray that conversations will not end here, but that God will allow you to continue to have Christ-centered conversations, difficult ones and easy ones, happy ones and sad ones, through the teen years and beyond. Ultimately, earnestly pray that everyone in this family will *go and follow Jesus*.